

EMOTIONAL EQUITY: HOW TO INVEST SO YOU HAVE HAPPY & ENDURING RELATIONSHIPS

Do you feel the emotional gulf expanding larger and wider in your relationships? Have you run out of ideas how to ignite those loving feelings? In this one-hour talk, we will explore the major difference between the way men and women communicate. We will explain how the “holding space” is absolutely crucial in building that emotional connection in any relationship. Through examples, and stories to illustrate the various pitfalls, we will show how you may turn a crisis situation into a stepping-stone towards intimacy, and establishing meaningful connections.

We will have team exercises, Q & A, as well as time for group networking in this jam-packed workshop.

Designed for:

- Single and looking.
- In a disconnected relationship.
- On the brink of losing a dear friend.
- Easily attract relationships, but cannot seem to keep them long term.
- Wanting to build more solid professional relationships, attract more mentors and solid work relationships.

What you will learn:

- Communication style of men and women
- Cultural behavioural patterns between those who grew up in North America and China.
- Listen with your heart.
- Holding space, and why this is better than a bed of roses.
- When to be chivalrous.
- Expressing your emotions.

About the Speaker:

Alice Zhou is a multi-talented event producer and publicist. She brings a spotlight to her clients for more brand awareness through events, press and social media. She is the winner of Cultural DiverseCity Youth Entrepreneur Business Award in 2007, and a graduate of Simon Fraser University with a degree in Communications. She has orchestrated a variety of functions in her career ranging from conference, product launch, grand opening, trade show, fund raising gala, and live/silent auction. She has taught several Events Management courses at Vancouver Community College, and had her articles published in the Vancouver View Magazine. Her clients include the Greater Vancouver Real Estate Board, Credential Ethical Fund, B.C. Federation of Foster Parents, BC Aviation Council.

Her passion for building relationships and creating a massive network, to provide resources and information to help facilitate additional entrepreneurship got her to create a Business Social Club aptly named Social Butterfly Club 10 years ago, currently at 2,800 members in the Lower Mainland. She is rather active in the community; currently a board member for Working Gear, and volunteer for Dress for Success. Alice also speaks regular to various civic groups on the topic of “Networking”, “Event Management”, “Social Media”, and “How to become a Public Speaker”.



About our venue Sponsor: Langara

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Call 604-323-5322 Registration or jmadigan@langara.bc.ca

Charity: Strathcona Health Society

Strathcona Health Society is a charitable non-profit society that operates Strathcona Community Dental Clinic. The clinic provides quality dental services to low income families. The clinic is focused on providing dental services to children in the inner city of Vancouver. Visit their website at www.strathcona-health.ca

All proceeds from this event will go towards this charity.

Cost: Cover by donation, every penny will go towards the Strathcona Health Society. They operate a dental clinic in the Downtown Eastside, and offers free dental services to impoverished children in the Downtown Eastside. You may find out more about them at www.strathcona-health.ca

Venue: Langara, A122B, 100 W.49th, Vancouver, BC.

Time: 6:30-8:30pm

Date: Thursday, Feb 5th

Includes: Snacks and beverage, networking and 1 hour seminar.



Alice Zhou is a graduate of Simon Fraser University with a degree in Communications. Her career has focused on Public Relations and Events Management. Her passion lies in building communities and bringing publicity. Alice donates a lot of her time to Working Gear and Dress for Success to give back. She also runs an active Business Social Club called Social Butterfly Club with 5,600 members in the lower mainland providing weekly events calendar and monthly newsletter to facilitate active entrepreneurship.